



# PALAFIPL

## II CAMPIONATO ITALIANO DI POWERLIFTING

### CLASSIC MASTER 1 2 3 4

### 17-18-19 MAGGIO 2019

Pos	Società Femminile	1°	2°	3°	4°	5°	6°	7°	8°	9°	OI	Punti	Wilks
1	Selezione Atletica Pesante Roma	2	1	1	1							48	2447,8033
2	Forma Club Monza	3	1									45	2376,2632
3	Barbarian's Power Club Parma	1	1	1		1						35	2186,7732
4	Sardegna Powerlifting Asd Alghero	2	1									33	1664,7091
5	Elite Verona Powerlifting	1	2									30	1527,1605
6	S S Lazio Powerlifting Roma	1			1							19	1139,0117
7	Strenghtlab Padova		2									18	1072,4580
8	Silverbacks Torino			1			1					13	885,8425
9	Bergamo Powerlifting Ponte S. P.	1										12	548,5210
10	Asd Provivirus Prato	1										12	393,2176
11	Functional Training Capurso Ba			1								8	573,4254
12	Powerlifting Genova			1								8	518,5675
13	Powerlifting Magenta Mi			1								8	479,1870
14	Powerlifting Team Sardegna Olbia			1								8	453,3271
15	Valvaraita Powerlifting Manta Cn				1							7	539,1905

**Legenda:** 1° = 12 Punti - 2° = 9 Punti - 3° = 8 Punti - 4° = 7 Punti - 5° = 6 Punti - 6° = 5 Punti - 7° = 4 Punti - 8° = 3 Punti - 9° = 2 Punti  
 Oltre La Nona Posizione 1 Punto

**N B:** La classifica viene stilata in base alla somma dei migliori 6 risultati per ogni società .In caso di parità si terrà conto del maggior numero di 1° posti, se vi fosse ancora parità dei 2° posti e così via ,fino al 9° postose persistesse ancora parità si terrà conto della somma dei punti wilks



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## Classifica Finale

Atleta	Società	A N	P P	Sq1	Sq2	Sq3	Bsq	Pa1	Pa2	Pa3	Bpa	St1	St2	St3	Bst	Tot	IpF Points	
<b>Master 1</b>																		
<b>-47</b>																		
1	Ledda Valeria	Sardegna Powerlifting Asd	1973	43,28	-77,5	77,5	-80,0	77,5	40,0	-45,0	-45,0	40,0	115,0	-120,0	120,0	120,0	237,5	486,19
<b>-52</b>																		
1	Bertoli Maruska	Forma Club Monza	1979	51,21	117,5	122,5	127,5	127,5	65,0	70,0	75,0	75,0	145,0	152,5	157,5	157,5	360,0	694,62
2	Monaco Roberta	Selezione Atletica Pesante	1975	52,00	107,5	112,5	117,5	117,5	65,0	67,5	-70,0	67,5	140,0	150,0	157,5	157,5	342,5	653,39
3	Parlanti Sonia	Powerlifting Genova	1973	50,77	90,0	95,0	-97,5	95,0	57,5	-60,0	-60,0	57,5	112,5	120,0	-127,5	120,0	272,5	518,57
<b>-57</b>																		
1	Vinante Elisa	Barbarian's Power Club	1975	56,88	127,5	135,0	-140,5	135,0	57,5	60,0	62,5	62,5	127,5	140,0	-145,0	140,0	337,5	613,57
2	Vacca Silvana	Sardegna Powerlifting Asd	1974	56,84	110,0	-115,0	115,0	115,0	-55,0	55,0	-57,5	55,0	145,0	-150,0	-150,0	145,0	315,0	571,06
3	Papapicco Anna Antonia	Functional Training	1977	54,53	-100,0	110,0	-120,0	110,0	55,0	60,0	-62,5	60,0	132,5	140,0	-150,0	140,0	310,0	573,43
4	Arienta Luisa	Valvaraita Powerlifting	1976	53,57	95,0	105,0	115,0	115,0	45,0	52,5	55,0	55,0	120,0	-135,0	-135,0	120,0	290,0	539,19
5	Nurra Alessandra	Barbarian's Power Club	1977	54,19	105,0	110,0	115,0	115,0	52,5	-57,5	-57,5	52,5	110,0	115,0	-117,5	115,0	282,5	521,36
6	La Ferrara Giusy Irene	Silverbacks Torino	1977	54,76	70,0	-75,0	-80,0	70,0	37,5	-42,5	-45,0	37,5	107,5	117,5	125,0	125,0	232,5	421,33
<b>-63</b>																		
1	Cachia Raffaella	Sardegna Powerlifting Asd	1977	61,71	120,0	127,5	-130,0	127,5	60,0	62,5	65,0	65,0	147,5	155,0	-160,5	155,0	347,5	607,45
2	Lapustea Simona	Forma Club Monza	1977	62,39	127,5	135,5	-140,0	135,5	57,5	62,5	-65,0	62,5	137,5	145,0	-150,0	145,0	343,0	596,22
3	Busato Cinzia	Barbarian's Power Club	1979	62,64	95,0	100,0	105,0	105,0	50,0	-52,5	-52,5	50,0	150,0	160,0	165,5	165,5	320,5	554,92
4	Scancella Tania	S S Lazio Powerlifting	1973	60,94	107,5	115,0	-120,0	115,0	57,5	60,0	-62,5	60,0	125,0	135,0	-145,0	135,0	310,0	543,05
<b>-72</b>																		
1	Marina Francesca	Elite Verona Powerlifting	1977	70,21	115,0	120,0	124,0	124,0	60,0	62,5	-65,0	62,5	156,0	164,0	170,5	170,5	357,0	588,38
2	Germoglio Addolorata	Elite Verona Powerlifting	1974	66,80	105,0	-110,0	112,5	112,5	57,5	-60,0	-60,0	57,5	122,5	130,0	135,0	135,0	305,0	512,39
3	Stasiyencko Inna	Powerlifting Magenta Mi	1972	69,30	-100,0	100,0	-110,0	100,0	-60,0	62,5	67,5	67,5	110,0	122,5	-130,0	122,5	290,0	479,19
<b>-84</b>																		
1	Vinzia Elena	Forma Club Monza	1974	73,08	90,0	100,0	105,0	105,0	55,0	60,0	-65,0	60,0	120,0	130,0	140,0	140,0	305,0	493,43

## Master 2

Firma Arbitri

Capopedana:

Laterale

Laterale



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## Classifica Finale

Atleta	Società	A N	P P	Sq1	Sq2	Sq3	Bsq	Pa1	Pa2	Pa3	Bpa	St1	St2	St3	Bst	Tot	IpF Points	
<b>-47</b>																		
1	Borgatti Elena	S S Lazio Powerlifting	1969	45,82	102,5	-108,5	108,5	108,5	55,0	-58,0	58,0	58,0	-120,0	127,5	-132,5	127,5	294,0	595,96
2	Pesavento Mara	Barbarian's Power Club	1969	45,19	80,0	85,0	87,5	87,5	40,0	-45,0	-45,0	40,0	105,0	112,5	120,0	120,0	247,5	496,92
3	Canella Barbara	Silverbacks Torino	1966	44,99	75,0	-80,0	80,0	80,0	42,5	-45,0	-45,0	42,5	110,0	-117,5	-117,5	110,0	232,5	464,51
<b>-52</b>																		
1	Stucchi Manuela	Forma Club Monza	1966	50,19	85,0	90,0	96,0	96,0	60,0	62,5	65,0	65,0	130,0	140,0	145,5	145,5	306,5	592,00
2	Girardi Marzia	Strenghtlab Padova	1963	48,47	85,0	90,0	-96,0	90,0	47,5	50,0	52,5	52,5	145,0	-150,0	-150,0	145,0	287,5	563,31
3	Corsi Bruna	Powerlifting Team	1964	51,62	65,0	70,0	-72,5	70,0	50,0	52,5	-55,0	52,5	112,5	117,5	120,0	120,0	242,5	453,33
4	Battaglia Michela	Selezione Atletica Pesante	1969	50,47	72,5	77,5	-80,0	77,5	42,5	-45,0	45,0	45,0	110,0	-117,5	-117,5	110,0	232,5	437,79
<b>-57</b>																		
1	Brembilla Francesca	Bergamo Powerlifting	1966	55,60	105,0	110,0	115,0	115,0	50,0	52,5	55,0	55,0	125,0	130,0	-135,0	130,0	300,0	548,52
2	Tenerelli Gabriella	Strenghtlab Padova	1967	52,62	82,5	87,5	92,5	92,5	52,5	55,0	-57,5	55,0	112,5	120,0	125,0	125,0	272,5	509,15
3	Murolo Carmela	Selezione Atletica Pesante	1968	54,19	-57,5	-57,5	57,5	57,5	52,5	55,0	57,5	57,5	80,0	90,0	100,0	100,0	215,0	389,03
<b>-63</b>																		
1	Palmisano Teresa	Selezione Atletica Pesante	1967	57,22	72,5	77,5	82,5	82,5	42,5	-45,0	45,0	45,0	110,0	117,5	120,0	120,0	247,5	441,55
2	Lezzeri Gloria	Elite Verona Powerlifting	1968	59,87	80,0	-85,0	-85,0	80,0	47,5	50,0	51,5	51,5	105,0	112,5	-119,5	112,5	244,0	426,39
<b>-72</b>																		
1	Pini Vania	Asd Provivirus Prato	1966	68,25	70,0	75,0	-82,5	75,0	50,0	-52,5	-55,0	50,0	100,0	112,5	-125,0	112,5	237,5	393,22
<b>Master 3</b>																		
<b>-84</b>																		
1	Del Duca Sara	Selezione Atletica Pesante	1954	73,35	90,0	95,0	-100,0	95,0	70,0	75,0	78,0	78,0	137,5	145,0	152,5	152,5	325,5	526,05



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## Wilks Categorie Età

Atleta	Società	Anno N.	P P	Cat	Squat	Panca	Stacco	Totale	lpf Points
<b>Master 1</b>									
Bertoli Maruska	Forma Club Monza	1979	51,21	-52	127,5	75,0	157,5	360,0	694,62
Monaco Roberta	Selezione Atletica Pesante	1975	52,00	-52	117,5	67,5	157,5	342,5	653,39
Vinante Elisa	Barbarian's Power Club	1975	56,88	-57	135,0	62,5	140,0	337,5	613,57
Cachia Raffaella	Sardegna Powerlifting Asd	1977	61,71	-63	127,5	65,0	155,0	347,5	607,45
Lapustea Simona	Forma Club Monza	1977	62,39	-63	135,5	62,5	145,0	343,0	596,22
Marina Francesca	Elite Verona Powerlifting	1977	70,21	-72	124,0	62,5	170,5	357,0	588,38
Papapicco Anna Antonia	Functional Training Capurso	1977	54,53	-57	110,0	60,0	140,0	310,0	573,43
Vacca Silvana	Sardegna Powerlifting Asd	1974	56,84	-57	115,0	55,0	145,0	315,0	571,06
Busato Cinzia	Barbarian's Power Club	1979	62,64	-63	105,0	50,0	165,5	320,5	554,92
Scancellà Tania	S S Lazio Powerlifting Roma	1973	60,94	-63	115,0	60,0	135,0	310,0	543,05
Arienta Luisa	Valvaraita Powerlifting Manta	1976	53,57	-57	115,0	55,0	120,0	290,0	539,19
Nurra Alessandra	Barbarian's Power Club	1977	54,19	-57	115,0	52,5	115,0	282,5	521,36
Parlanti Sonia	Powerlifting Genova	1973	50,77	-52	95,0	57,5	120,0	272,5	518,57
Germoglio Addolorata	Elite Verona Powerlifting	1974	66,80	-72	112,5	57,5	135,0	305,0	512,39
Vinzia Elena	Forma Club Monza	1974	73,08	-84	105,0	60,0	140,0	305,0	493,43
Ledda Valeria	Sardegna Powerlifting Asd	1973	43,28	-47	77,5	40,0	120,0	237,5	486,19
Stasiyenko Inna	Powerlifting Magenta Mi	1972	69,30	-72	100,0	67,5	122,5	290,0	479,19
La Ferrara Giusy Irene	Silverbacks Torino	1977	54,76	-57	70,0	37,5	125,0	232,5	421,33
<b>Master 2</b>									
Borgatti Elena	S S Lazio Powerlifting Roma	1969	45,82	-47	108,5	58,0	127,5	294,0	595,96
Stucchi Manuela	Forma Club Monza	1966	50,19	-52	96,0	65,0	145,5	306,5	592,00
Girardi Marzia	Strenghtlab Padova	1963	48,47	-52	90,0	52,5	145,0	287,5	563,31
Brembilla Francesca	Bergamo Powerlifting Ponte	1966	55,60	-57	115,0	55,0	130,0	300,0	548,52
Tenerelli Gabriella	Strenghtlab Padova	1967	52,62	-57	92,5	55,0	125,0	272,5	509,15
Pesavento Mara	Barbarian's Power Club	1969	45,19	-47	87,5	40,0	120,0	247,5	496,92
Canella Barbara	Silverbacks Torino	1966	44,99	-47	80,0	42,5	110,0	232,5	464,51
Corsi Bruna	Powerlifting Team Sardegna	1964	51,62	-52	70,0	52,5	120,0	242,5	453,33
Palmisano Teresa	Selezione Atletica Pesante	1967	57,22	-63	82,5	45,0	120,0	247,5	441,55
Battaglia Michela	Selezione Atletica Pesante	1969	50,47	-52	77,5	45,0	110,0	232,5	437,79
Lezzeri Gloria	Elite Verona Powerlifting	1968	59,87	-63	80,0	51,5	112,5	244,0	426,39



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## Wilks Categorie Età

Atleta	Società	Anno N.	P P	Cat	Squat	Panca	Stacco	Totale	Ipf Points
Pini Vania	Asd Provivirus Prato	1966	68,25	-72	75,0	50,0	112,5	237,5	393,22
Murolo Carmela	Selezione Atletica Pesante	1968	54,19	-57	57,5	57,5	100,0	215,0	389,03
<b>Master 3</b>									
Del Duca Sara	Selezione Atletica Pesante	1954	73,35	-84	95,0	78,0	152,5	325,5	526,05



**FIPL**  
Federazione Italiana PowerLifting - fondata nel 1983  
ufficiale  
IPI International Powerlifting Federation  
EPF European Powerlifting Federation

**PALAFIPL**  
**II CAMPIONATO ITALIANO DI POWERLIFTING**  
**CLASSIC MASTER 1 2 3 4**  
**17-18-19 MAGGIO 2019**

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**Assoluto**

Atleta	Società	Anno N.	P P	Cat	Cat Età	Totale	Coeff	lpf Points
Bertoli Maruska	Forma Club Monza	1979	51,21	-52	Master 1	360,0	1,2614	694,62
Monaco Roberta	Selezione Atletica Pesante	1975	52,00	-52	Master 1	342,5	1,2466	653,39
Vinante Elisa	Barbarian's Power Club	1975	56,88	-57	Master 1	337,5	1,1623	613,57
Cachia Raffaella	Sardegna Powerlifting Asd	1977	61,71	-63	Master 1	347,5	1,0910	607,45
Lapustea Simona	Forma Club Monza	1977	62,39	-63	Master 1	343,0	1,0819	596,22
Borgatti Elena	S S Lazio Powerlifting Roma	1969	45,82	-47	Master 2	294,0	1,3695	595,96
Stucchi Manuela	Forma Club Monza	1966	50,19	-52	Master 2	306,5	1,2809	592,00
Marina Francesca	Elite Verona Powerlifting	1977	70,21	-72	Master 1	357,0	0,9928	588,38
Papapicco Anna Antonia	Functional Training Capurso	1977	54,53	-57	Master 1	310,0	1,2014	573,43
Vacca Silvana	Sardegna Powerlifting Asd	1974	56,84	-57	Master 1	315,0	1,1630	571,06
Girardi Marzia	Strenghtlab Padova	1963	48,47	-52	Master 2	287,5	1,3149	563,31
Busato Cinzia	Barbarian's Power Club	1979	62,64	-63	Master 1	320,5	1,0786	554,92
Brembilla Francesca	Bergamo Powerlifting Ponte	1966	55,60	-57	Master 2	300,0	1,1832	548,52
Scancellà Tania	S S Lazio Powerlifting Roma	1973	60,94	-63	Master 1	310,0	1,1016	543,05
Arienta Luisa	Valvaraita Powerlifting Manta	1976	53,57	-57	Master 1	290,0	1,2182	539,19
Del Duca Sara	Selezione Atletica Pesante	1954	73,35	-84	Master 3	325,5	0,9642	526,05
Nurra Alessandra	Barbarian's Power Club	1977	54,19	-57	Master 1	282,5	1,2073	521,36
Parlanti Sonia	Powerlifting Genova	1973	50,77	-52	Master 1	272,5	1,2698	518,57
Germoglio Addolorata	Elite Verona Powerlifting	1974	66,80	-72	Master 1	305,0	1,0283	512,39
Tenerelli Gabriella	Strenghtlab Padova	1967	52,62	-57	Master 2	272,5	1,2352	509,15
Pesavento Mara	Barbarian's Power Club	1969	45,19	-47	Master 2	247,5	1,3828	496,92
Vinzia Elena	Forma Club Monza	1974	73,08	-84	Master 1	305,0	0,9665	493,43
Ledda Valeria	Sardegna Powerlifting Asd	1973	43,28	-47	Master 1	237,5	1,4235	486,19
Stasiyencko Inna	Powerlifting Magenta Mi	1972	69,30	-72	Master 1	290,0	1,0018	479,19
Canella Barbara	Silverbacks Torino	1966	44,99	-47	Master 2	232,5	1,3870	464,51
Corsi Bruna	Powerlifting Team Sardegna	1964	51,62	-52	Master 2	242,5	1,2537	453,33
Palmisano Teresa	Selezione Atletica Pesante	1967	57,22	-63	Master 2	247,5	1,1569	441,55
Battaglia Michela	Selezione Atletica Pesante	1969	50,47	-52	Master 2	232,5	1,2755	437,79
Lezzeri Gloria	Elite Verona Powerlifting	1968	59,87	-63	Master 2	244,0	1,1168	426,39
La Ferrara Giusy Irene	Silverbacks Torino	1977	54,76	-57	Master 1	232,5	1,1974	421,33
Pini Vania	Asd Provivirus Prato	1966	68,25	-72	Master 2	237,5	1,0126	393,22
Murolo Carmela	Selezione Atletica Pesante	1968	54,19	-57	Master 2	215,0	1,2073	389,03

# Records Squat

Best

Sj Ju Se M1 M2 M3 M4

## Master 1

-57	Vinante Elisa	135,0
-63	Lapustea Simona	135,5
-72	Marina Francesca	124,0

<input type="checkbox"/>	<input type="checkbox"/>	1	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Master 2

-47	Borgatti Elena	108,5
-52	Stucchi Manuela	96,0
-57	Brembilla Francesca	115,0
-63	Palmisano Teresa	82,5

<input type="checkbox"/>	<input type="checkbox"/>	1	1	1	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>

## Master 3

-84	Del Duca Sara	95,0
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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	1	<input type="checkbox"/>
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# Records Panca

Best

Sj Ju Se M1 M2 M3 M4

## Master 2

-47	Borgatti Elena	58,0
-52	Stucchi Manuela	65,0
-63	Lezzeri Gloria	51,5

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	1	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>

## Master 3

-84	Del Duca Sara	78,0
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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	1	1	<input type="checkbox"/>
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# Records Stacco

Best

Sj Ju Se M1 M2 M3 M4

## Master 1

-63	Busato Cinzia	165,5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
-72	Marina Francesca	170,5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Master 2

-47	Borgatti Elena	127,5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>
-52	Stucchi Manuela	145,5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>
-57	Brembilla Francesca	130,0	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>
-63	Palmisano Teresa	120,0	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>

## Master 3

-84	Del Duca Sara	152,5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	1	<input type="checkbox"/>
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# Records Totale

Best

Sj Ju Se M1 M2 M3 M4

## Master 1

-57	Vinante Elisa	15	337,5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
-63	Cachia Raffaella	21	347,5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
-72	Marina Francesca	24	357,0	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Master 2

-47	Borgatti Elena	32	294,0	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>
-52	Stucchi Manuela	39	306,5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>
-57	Brembilla Francesca	43	300,0	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>
-63	Palmisano Teresa	49	247,5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>

## Master 3

-84	Del Duca Sara	55	325,5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	1	<input type="checkbox"/>
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Federazione Italiana PowerLifting - fondata nel 1983  
affiliata  
I.I.P.F. International Powerlifting Federation  
E.P.F. European Powerlifting Federation

# PALAFIPL

## II CAMPIONATO ITALIANO DI POWERLIFTING

### CLASSIC MASTER 1 2 3 4

### 17-18-19 MAGGIO 2019

Pos	Società Maschile	1°	2°	3°	4°	5°	6°	7°	8°	9°	OI	Punti	Ipf Points
1	Forma Club Monza	3	3									63	3325,0788
2	Selezione Atletica Pesante Roma	2		1	1							39	2018,2744
3	Barbarian's Power Club Parma	2		1		1					1	39	2447,2297
4	Asd Provivirus Prato	1	1	1	1							36	2140,0248
5	Lions Powerlifting Livorno	2	1									33	1314,6334
6	Body Planet Trento	1	1	1					1			32	1794,2640
7	La Forza Power Team Reggio Emilia	1				1	1				1	24	1751,7621
8	S S Lazio Powerlifting Roma	1					1	1			1	22	1782,0489
9	Toplifters Milano	1			1							19	1019,3831
10	Asd Palestra Popolare Palermo		1	1								17	1171,9318
11	Functional Training Capurso Ba			1	1							15	1139,0252
12	Elite Verona Powerlifting	1								1		14	731,1665
13	Powerlifting Team Sardegna Olbia	1										12	603,8855
14	Sardegna Powerlifting Asd	1										12	573,1752
15	As Roma Powerlifting Rm	1										12	533,7330
16	Pro Vercelli Pesistica Vercelli	1										12	520,3035
17	Powerlifting Genova	1										12	486,8939
18	Silverbacks Torino		1						1			12	823,3804
19	Cft 059 Powerlifting Mo		1									9	636,1739
20	Powerlifting Star Club Trento		1									9	514,6490
21	Bergamo Powerlifting Ponte S. P.			1							1	9	816,8871
22	Vikings Veneto PI Baone Pd			1								8	490,0931

Legenda: 1° = 12 Punti - 2° = 9 Punti - 3° = 8 Punti - 4° = 7 Punti - 5° = 6 Punti - 6° = 5 Punti - 7° = 4 Punti - 8° = 3 Punti - 9° = 2 Punti  
Oltre La Nona Posizione 1 Punto

N B: La classifica viene stilata in base alla somma dei migliori 6 risultati per ogni società .In caso di parità si terrà conto del maggior numero di 1° posti, se vi fosse ancora parità dei 2° posti e così via ,fino al 9° postose persistesse ancora parità si terrà conto della somma dei punti wilks





# PALAFIPL

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### CLASSIC MASTER 1 2 3 4

### 17-18-19 MAGGIO 2019

## Classifica Finale

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Atleta	Società	A N	P P	Sq1	Sq2	Sq3	Bsq	Pa1	Pa2	Pa3	Bpa	St1	St2	St3	Bst	Tot	lpf Points
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### Master 1

#### -59

<b>1</b>	Mameli Christian	Sardegna Powerlifting Asd	1978	57,15	130,0	<del>140,0</del>	140,0	140,0	95,0	108,0	115,0	115,0	180,0	194,0	<del>202,0</del>	194,0	449,0	573,18
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#### -66

<b>1</b>	Seravalli Ivan	Toplifters Milano	1974	65,19	157,5	<del>165,0</del>	<del>165,0</del>	157,5	107,5	112,5	<del>115,5</del>	112,5	172,5	182,5	<del>190,0</del>	182,5	452,5	516,65
<b>2</b>	Franchini Attilio	Forma Club Monza	1974	64,54	<del>135,0</del>	135,0	150,0	150,0	97,5	102,5	<del>107,5</del>	102,5	175,0	185,0	195,0	195,0	447,5	514,24
<b>3</b>	Costalunga Stefano	Vikings Veneto PI Baone	1974	65,72	140,0	147,5	<del>152,5</del>	147,5	80,0	82,5	85,0	85,0	190,0	202,5	<del>217,5</del>	202,5	435,0	490,09
<b>Fg</b>	Monosilio Roberto	S S Lazio Powerlifting	1973	65,46	125,0	132,5	140,0	140,0	72,5	80,0	<del>85,0</del>	80,0	<del>190,0</del>	<del>205,0</del>	<del>205,0</del>	0,0	0,0	<del>-84,95</del>
<b>Fg</b>	Castellucci Alberto	Asd Provivirus Prato	1972	65,22	140,0	147,5	152,5	152,5	<del>100,0</del>	<del>102,5</del>	<del>102,5</del>	0,0	180,0	<del>190,0</del>	<del>190,0</del>	180,0	0,0	<del>-84,95</del>

#### -74

<b>1</b>	Puddu Pierangelo	Powerlifting Team	1977	72,30	165,0	177,5	180,0	180,0	<del>125,0</del>	125,0	131,0	131,0	225,0	240,5	245,0	245,0	556,0	603,89
<b>2</b>	Vattiatà Antonino	Asd Palestra Popolare	1979	72,77	<del>180,0</del>	180,0	182,5	182,5	110,0	<del>115,0</del>	<del>115,0</del>	110,0	200,0	210,0	<del>215,0</del>	210,0	502,5	534,97
<b>3</b>	Penuti Roberto Franco	Forma Club Monza	1979	72,02	170,0	175,0	180,0	180,0	107,5	112,5	117,5	117,5	170,0	180,0	187,5	187,5	485,0	517,47
<b>4</b>	Carcano Mauro	Toplifters Milano	1977	71,30	145,0	157,5	162,5	162,5	115,0	122,5	<del>127,5</del>	122,5	175,0	185,0	<del>190,0</del>	185,0	470,0	502,74
<b>5</b>	Firrisi Gianluca	Bullet Proof Powerlifting	1979	72,55	142,5	<del>155,0</del>	165,0	165,0	85,0	92,5	100,0	100,0	165,0	<del>177,5</del>	<del>182,5</del>	165,0	430,0	446,59
<b>6</b>	Apostoli Massimiliano	S S Lazio Powerlifting	1979	71,84	110,0	122,5	135,0	135,0	85,0	92,5	<del>100,0</del>	92,5	140,0	150,0	162,5	162,5	390,0	400,29

#### -83

<b>1</b>	Buccioni Massimiliano	Asd Provivirus Prato	1976	82,65	212,5	222,5	230,0	230,0	132,5	140,0	<del>142,5</del>	140,0	235,0	247,5	262,5	262,5	632,5	635,23
<b>2</b>	Cuoghi Alessandro	Cft 059 Powerlifting Mo	1975	82,15	220,0	232,5	240,0	240,0	130,0	140,0	146,0	146,0	220,0	240,0	245,0	245,0	631,0	636,17
<b>3</b>	Bernardi Pietro	Asd Palestra Popolare	1979	80,94	220,0	<del>232,5</del>	<del>232,5</del>	220,0	130,0	<del>135,0</del>	<del>135,0</del>	130,0	265,0	276,0	<del>281,0</del>	276,0	626,0	636,96
<b>4</b>	Mastrolonardo Antonio	Functional Training	1973	83,00	205,0	<del>212,5</del>	<del>212,5</del>	205,0	127,5	132,5	137,5	137,5	225,0	<del>235,0</del>	<del>235,0</del>	225,0	567,5	559,59
<b>5</b>	Serafini Fabio	Barbarian's Power Club	1976	81,91	170,0	182,5	<del>195,0</del>	182,5	125,0	<del>137,5</del>	<del>146,5</del>	125,0	225,0	240,0	255,0	255,0	562,5	559,05
<b>6</b>	Citton Christian	Lift And Fight Sport Asd	1979	78,13	180,0	<del>190,0</del>	190,0	190,0	115,0	120,0	<del>122,5</del>	120,0	235,0	250,0	<del>252,5</del>	250,0	560,0	575,15
<b>7</b>	Del Col Massimo	Strenghtlab Padova	1977	81,02	175,0	185,0	195,0	195,0	100,0	105,0	110,0	110,0	215,0	227,5	240,0	240,0	545,0	543,19
<b>8</b>	Campregher Marco	Body Planet Trento	1972	78,75	160,0	170,0	<del>175,0</del>	170,0	115,0	<del>120,0</del>	<del>120,0</del>	115,0	210,0	225,0	235,0	235,0	520,0	524,99
<b>9</b>	Galbusera Fabio	Forma Club Monza	1978	82,05	160,0	167,5	<del>172,5</del>	167,5	80,0	90,0	<del>95,0</del>	90,0	240,0	258,5	<del>260,0</del>	258,5	516,0	505,21
<b>10</b>	Sandrini Matteo	Powerlifting Castiglione	1976	82,88	162,5	<del>172,5</del>	175,0	175,0	112,5	<del>120,0</del>	<del>120,0</del>	112,5	215,0	227,5	<del>235,0</del>	227,5	515,0	500,49

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# PALAFIPL

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## Classifica Finale

Powered By Ivano Giusti

Atleta	Società	A N	P P	Sq1	Sq2	Sq3	Bsq	Pa1	Pa2	Pa3	Bpa	St1	St2	St3	Bst	Tot	lpf Points	
<b>11</b>	Maruccia Emiliano	Bergamo Powerlifting	1978	80,12	170,0	185,0	195,0	110,0	115,0	-120,0	115,0	180,0	190,0	200,0	200,0	510,0	506,91	
<b>12</b>	Mauriello Antonio	S S Lazio Powerlifting	1971	81,85	150,0	160,0	-170,0	160,0	-105,0	105,0	112,5	112,5	210,0	225,0	-240,0	225,0	497,5	484,91
<b>13</b>	Scarpellino Lorenzo	Bullet Proof Powerlifting	1978	79,80	147,5	157,5	170,0	170,0	92,5	100,0	-107,5	100,0	175,0	190,0	-205,0	190,0	460,0	450,22
<b>14</b>	Cocchetti Diego	La Forza Power Team	1979	75,85	110,0	120,0	130,0	130,0	80,0	85,0	-87,5	85,0	157,5	170,0	180,0	180,0	395,0	389,49
<b>15</b>	Tiraboschi Stefano	Barbarian's Power Club	1975	79,59	110,0	117,5	-125,0	117,5	75,0	80,0	85,0	85,0	140,0	150,0	-160,0	150,0	352,5	325,85
<b>Fg</b>	Merola Luca	Forma Club Monza	1979	82,76	195,0	-207,5	-207,5	195,0	110,0			110,0	-210,0			0,0	0,0	-84,79
<b>Fg</b>	Mereu Gianluca	Powerlifting United Pisa-	1977	78,57	-180,0	-185,0	-185,0	0,0	90,0	95,0	-100,0	95,0	-230,0			0,0	0,0	-84,82
<b>-93</b>																		
<b>1</b>	Lonardelli Michele	Selezione Atletica Pesante	1974	91,27	225,0	-243,0	245,0	245,0	155,0	162,5	165,0	165,0	245,0	266,0	-270,0	266,0	676,0	641,18
<b>2</b>	Virdis Marco	Forma Club Monza	1978	92,01	190,0	205,0	215,0	215,0	160,0	165,0	170,5	170,5	-210,0	220,0	235,0	235,0	620,5	578,53
<b>3</b>	Perullo Valerio	Asd Provivirus Prato	1978	90,77	227,5	235,0	-240,0	235,0	120,0	127,5	130,0	130,0	240,0	-245,0	0,0	240,0	605,0	566,98
<b>4</b>	Bitturini Floriano	Elemental T- System	1977	91,27	155,0	165,0	175,0	175,0	112,5	115,0	-117,5	115,0	220,0	232,5	240,0	240,0	530,0	484,40
<b>5</b>	Ferraris Massimiliano	Forma Club Monza	1976	88,51	155,0	165,0	175,0	175,0	120,0	-130,0	130,0	130,0	195,0	-205,0	205,0	205,0	510,0	472,69
<b>6</b>	Di Maggio Michelangelo	La Forza Power Team	1976	85,78	-160,0	167,5	175,0	175,0	120,0	127,5	-135,0	127,5	190,0	200,0	-210,0	200,0	502,5	474,67
<b>7</b>	Gargiulo Salvatore	S S Lazio Powerlifting	1975	89,42	155,0	157,5	172,5	172,5	115,0	120,0	-125,0	120,0	180,0	190,0	-200,0	190,0	482,5	439,52
<b>8</b>	De Marco Iorio Mirko	Asd Mma Verona Gym	1976	91,54	145,0	155,0	160,0	160,0	102,5	110,0	-115,0	110,0	180,0	195,0	205,0	205,0	475,0	424,48
<b>9</b>	Zambelli Luca	Elite Verona Powerlifting	1978	86,17	115,0	125,0	-137,5	125,0	92,5	100,0	-105,0	100,0	150,0	170,0	180,0	180,0	405,0	364,92
<b>-105</b>																		
<b>1</b>	Turco Cristian	Forma Club Monza	1975	99,18	240,0	255,0	-260,0	255,0	170,0	175,0	180,0	180,0	240,0	250,0	260,0	260,0	695,0	627,79
<b>2</b>	Manenti Ruben	Forma Club Monza	1976	104,11	200,0	215,0	225,0	225,0	-140,0	140,0	-150,0	140,0	270,0	287,5	297,5	297,5	662,5	576,98
<b>3</b>	D' Ambrosio Nicola	Functional Training	1977	102,66	230,0	-240,0	240,0	240,0	150,0	-155,0	-155,0	150,0	260,0	270,0	-275,0	270,0	660,0	579,43
<b>4</b>	Di Maio Lorenzo	Asd Provivirus Prato	1979	101,51	195,0	207,5	-212,5	207,5	140,0	147,5	-152,5	147,5	255,0	-270,0	-270,0	255,0	610,0	532,84
<b>5</b>	Romano Antonio	Forma Club Monza	1978	101,85	170,0	-177,5	177,5	177,5	135,0	-140,0	140,0	140,0	220,0	235,0	245,0	245,0	562,5	483,73
<b>6</b>	Iacobbe Gaetano Alberto	Heart Of Steel Powerlifting	1979	99,82	165,0	-175,0	180,0	180,0	125,0	-132,5	-132,5	125,0	210,0	222,5	230,0	230,0	535,0	461,85
<b>7</b>	Pinna Massimo	Asd Mma Verona Gym	1972	98,48	160,0	-170,0	175,0	175,0	135,0	142,5	-145,0	142,5	180,0	195,0	-205,0	195,0	512,5	442,73
<b>8</b>	Acanfora Mariano	Silverbacks Torino	1979	100,64	140,0	152,5	-160,0	152,5	105,0	112,5	-117,5	112,5	170,0	185,0	200,0	200,0	465,0	388,24
<b>-120</b>																		
<b>1</b>	Soldà Nicola Luigi	Barbarian's Power Club	1976	115,42	245,0	-260,0	260,0	260,0	142,5	-147,5	150,0	150,0	245,0	260,0	265,0	265,0	675,0	554,48

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Atleta	Società	A N	P P	Sq1	Sq2	Sq3	Bsq	Pa1	Pa2	Pa3	Bpa	St1	St2	St3	Bst	Tot	Ipf Points
2 Brivio Luigi	Forma Club Monza	1976	114,80	245,0	260,0	270,0	270,0	160,0	165,0	167,5	167,5	220,0	235,0	-245,0	235,0	672,5	553,85
3 Saro Alessio	Forma Club Monza	1975	116,18	215,0	225,0	232,5	232,5	155,0	160,0	-165,0	160,0	250,0	-267,5	-272,5	250,0	642,5	521,71
4 Sava Vasile Ciprian	Forma Club Monza	1976	118,66	220,0	235,0	-242,5	235,0	145,0	152,5	157,5	157,5	230,0	245,0	-260,0	245,0	637,5	510,69
5 Montanari Simone	La Forza Power Team	1974	118,42	180,0	190,0	200,0	200,0	150,0	-160,0	-160,0	150,0	220,0	227,5	-235,0	227,5	577,5	455,20

### 120

1 Sgaramella Massimo	Barbarian's Power Club	1977	187,36	250,0	265,0	275,0	275,0	190,0	205,0	215,0	215,0	250,0	260,0	-275,5	260,0	750,0	486,33
2 Peluso Michele	Forma Club Monza	1979	142,90	260,0	280,0	300,0	300,0	170,0	177,5	-185,0	177,5	245,0	-255,0	-255,0	245,0	722,5	533,08

### Master 2

### -66

1 Cenacchi Luca	Powerlifting Genova	1966	64,10	130,0	140,0	-150,0	140,0	80,0	85,0	-90,0	85,0	180,0	192,5	200,0	200,0	425,0	486,89
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### -74

1 Ballerini Giuseppe	Pro Vercelli Pesistica	1969	74,00	150,0	160,0	-170,0	160,0	100,0	106,0	-110,0	106,0	220,0	225,0	230,0	230,0	496,0	520,30
2 Milano Diego	Silverbacks Torino	1966	73,68	127,5	-135,0	-137,5	127,5	90,0	95,0	-100,0	95,0	190,0	202,5	-212,5	202,5	425,0	435,14
3 Monteverde Maurizio	Sardegna Powerlifting Asd	1962	71,17	140,0	150,0	-155,0	150,0	95,0	102,5	-107,5	102,5	160,0	170,0	-180,0	170,0	422,5	443,99
4 Petrini Domenico	Selezione Atletica Pesante	1963	71,98	-125,0	125,0	-127,5	125,0	95,0	100,0	-105,0	100,0	135,0	150,0	-155,0	150,0	375,0	381,03
5 Corti Gianni	Forma Club Monza	1968	71,79	120,0	130,0	-135,0	130,0	70,0	75,0	77,5	77,5	155,0	165,0	-170,0	165,0	372,5	378,73

### -83

1 Morese Francesco	Selezione Atletica Pesante	1962	81,99	-192,5	200,0	218,0	218,0	137,5	142,5	-145,5	142,5	242,5	252,5	258,0	258,0	618,5	622,73
2 Consolo Gianfranco	Asd Provivirus Prato	1965	81,79	130,0	140,0	145,0	145,0	95,0	102,5	107,5	107,5	145,0	160,0	175,0	175,0	427,5	404,97
3 Castelli Sergio	Bergamo Powerlifting	1969	79,07	100,0	112,5	122,5	122,5	75,0	82,5	85,0	85,0	120,0	130,0	-140,0	130,0	337,5	309,98
Fg Dore Lorenzo	Heart Of Steel Powerlifting	1966	81,92	185,0	-195,0	-195,0	185,0	-125,0	-125,0	-125,0	0,0	200,0			200,0	0,0	-84,79

### -93

1 Fulvi Fabiano	Lions Powerlifting Livorno	1969	92,05	170,0	180,0	0,0	180,0	125,0	135,0	140,0	140,0	230,0	251,5	268,5	268,5	588,5	544,17
2 Mancini Luca	Lions Powerlifting Livorno	1963	92,71	180,0	195,0	0,0	195,0	107,5	115,0	117,5	117,5	-210,0	230,0	240,0	240,0	552,5	503,31
3 Ceirani Danilo	Selezione Atletica Pesante	1964	91,62	110,0	-120,0	120,0	120,0	120,0	-127,5	127,5	127,5	170,0	180,0	0,0	180,0	427,5	373,34

### -105

1 Zaino Domenico	Forma Club Monza	1969	103,90	205,5	220,0	235,0	235,0	135,0	145,0	160,0	160,0	270,5	285,0	295,0	295,0	690,0	605,19
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# PALAFIPL

## II CAMPIONATO ITALIANO DI POWERLIFTING

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### 17-18-19 MAGGIO 2019

## Classifica Finale

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Atleta	Società	A N	P P	Sq1	Sq2	Sq3	Bsq	Pa1	Pa2	Pa3	Bpa	St1	St2	St3	Bst	Tot	lpf Points	
2	Battisti Giuseppe	Body Planet Trento	1964	99,33	200,0	-210,0	-215,0	200,0	-130,0	130,0	-135,0	130,0	260,0	-275,0	275,0	275,0	605,0	535,02
3	Buscarini Maurizio	Barbarian's Power Club	1962	102,68	190,0	200,0	210,0	210,0	140,0	-147,5	-147,5	140,0	220,0	230,0	252,5	252,5	602,5	521,51
4	Zilio Flavio	Asd Cocoon Ferrara	1969	101,30	180,0	-190,0	-190,0	180,0	140,0	145,0	-150,0	145,0	190,0	210,0	-230,0	210,0	535,0	457,52

### -120

1	Ranuccini Fabio	La Forza Power Team	1968	109,86	-165,0	165,0	180,0	180,0	117,5	122,5	-130,0	122,5	215,0	230,0	-235,0	230,0	532,5	432,40
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### Master 3

### -66

1	Costa Lorenzo	Body Planet Trento	1954	63,21	67,5	75,5	-77,0	75,5	67,5	75,0	-78,0	75,0	140,0	150,0	-160,0	150,0	300,5	323,45
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### -74

1	Gianello Roberto	Elite Verona Powerlifting	1955	69,73	95,0	103,0	0,0	103,0	70,0	72,5	0,0	72,5	171,5	175,0	180,0	180,0	355,5	366,25
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### -83

1	Agostinoni Giorgio	As Roma Powerlifting Rm	1958	82,44	200,0	217,5	-231,0	217,5	102,5	110,0	115,0	115,0	195,0	-207,5	210,0	210,0	542,5	533,73
2	Marotta Rosario	Powerlifting Star Club	1954	81,60	160,0	170,0	180,0	180,0	100,0	107,5	-110,0	107,5	220,0	235,0	-240,0	235,0	522,5	514,65
3	De Carli Carlo	Body Planet Trento	1957	81,76	130,0	-140,0	145,0	145,0	80,0	85,0	87,5	87,5	180,0	190,0	200,0	200,0	432,5	410,80
4	Carrozzo Romolo	Powerlifting Castiglione	1954	79,80	-137,5	140,0	147,5	147,5	77,5	82,5	87,5	87,5	160,0	172,5	180,0	180,0	415,0	397,88

### -93

1	Rossi Sandro	S S Lazio Powerlifting	1952	83,74	170,0	-180,0	0,0	170,0	75,0	80,0	90,0	90,0	190,0	210,0	220,0	220,0	480,0	457,34
Fg	Domenici Floriano	Forma Club Monza	1954	92,65	-222,0	-230,0	-230,0	0,0	125,0	0,0	0,0	125,0	220,0	245,0	-252,5	245,0	0,0	-84,72

### -105

1	Portugalli Claudio	Forma Club Monza	1957	93,08	140,0	150,0	160,0	160,0	95,0	100,0	105,0	105,0	185,0	200,0	212,5	212,5	477,5	422,35
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### Master 4

### -83

1	Barontini Mauro	Lions Powerlifting Livorno	1941	80,83	90,0	100,0	105,0	105,0	65,0	70,0	-72,5	70,0	130,0	-150,0	-150,0	130,0	305,0	267,15
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# PALAFIPL

## II CAMPIONATO ITALIANO DI POWERLIFTING

### CLASSIC MASTER 1 2 3 4

#### 17-18-19 MAGGIO 2019

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## Wilks Categorie Età

Atleta	Società	Anno N.	P P	Cat	Squat	Panca	Stacco	Totale	lpf Points
<b>Master 1</b>									
Lonardelli Michele	Selezione Atletica Pesante	1974	91,27	-93	245,0	165,0	266,0	676,0	641,18
Bernardi Pietro	Asd Palestra Popolare	1979	80,94	-83	220,0	130,0	276,0	626,0	636,96
Cuoghi Alessandro	Cft 059 Powerlifting Mo	1975	82,15	-83	240,0	146,0	245,0	631,0	636,17
Buccioni Massimiliano	Asd Provivirus Prato	1976	82,65	-83	230,0	140,0	262,5	632,5	635,23
Turco Cristian	Forma Club Monza	1975	99,18	-105	255,0	180,0	260,0	695,0	627,79
Puddu Pierangelo	Powerlifting Team Sardegna	1977	72,30	-74	180,0	131,0	245,0	556,0	603,89
D' Ambrosio Nicola	Functional Training Capurso	1977	102,66	-105	240,0	150,0	270,0	660,0	579,43
Viridis Marco	Forma Club Monza	1978	92,01	-93	215,0	170,5	235,0	620,5	578,53
Manenti Ruben	Forma Club Monza	1976	104,11	-105	225,0	140,0	297,5	662,5	576,98
Citton Christian	Lift And Fight Sport Asd	1979	78,13	-83	190,0	120,0	250,0	560,0	575,15
Mameli Christian	Sardegna Powerlifting Asd	1978	57,15	-59	140,0	115,0	194,0	449,0	573,18
Perullo Valerio	Asd Provivirus Prato	1978	90,77	-93	235,0	130,0	240,0	605,0	566,98
Mastrolonardo Antonio	Functional Training Capurso	1973	83,00	-83	205,0	137,5	225,0	567,5	559,59
Serafini Fabio	Barbarian's Power Club	1976	81,91	-83	182,5	125,0	255,0	562,5	559,05
Soldà Nicola Luigi	Barbarian's Power Club	1976	115,42	-120	260,0	150,0	265,0	675,0	554,48
Brivio Luigi	Forma Club Monza	1976	114,80	-120	270,0	167,5	235,0	672,5	553,85
Del Col Massimo	Strenghtlab Padova	1977	81,02	-83	195,0	110,0	240,0	545,0	543,19
Vattiata Antonino	Asd Palestra Popolare	1979	72,77	-74	182,5	110,0	210,0	502,5	534,97
Peluso Michele	Forma Club Monza	1979	142,90	120	300,0	177,5	245,0	722,5	533,08
Di Maio Lorenzo	Asd Provivirus Prato	1979	101,51	-105	207,5	147,5	255,0	610,0	532,84
Campregher Marco	Body Planet Trento	1972	78,75	-83	170,0	115,0	235,0	520,0	524,99
Saro Alessio	Forma Club Monza	1975	116,18	-120	232,5	160,0	250,0	642,5	521,71
Penuti Roberto Franco	Forma Club Monza	1979	72,02	-74	180,0	117,5	187,5	485,0	517,47
Seravalli Ivan	Toplifters Milano	1974	65,19	-66	157,5	112,5	182,5	452,5	516,65
Franchini Attilio	Forma Club Monza	1974	64,54	-66	150,0	102,5	195,0	447,5	514,24
Sava Vasile Ciprian	Forma Club Monza	1976	118,66	-120	235,0	157,5	245,0	637,5	510,69
Maruccia Emiliano	Bergamo Powerlifting Ponte	1978	80,12	-83	195,0	115,0	200,0	510,0	506,91
Galbusera Fabio	Forma Club Monza	1978	82,05	-83	167,5	90,0	258,5	516,0	505,21
Carcano Mauro	Toplifters Milano	1977	71,30	-74	162,5	122,5	185,0	470,0	502,74
Sandrini Matteo	Powerlifting Castiglione D'Is	1976	82,88	-83	175,0	112,5	227,5	515,0	500,49



# PALAFIPL

## II CAMPIONATO ITALIANO DI POWERLIFTING

### CLASSIC MASTER 1 2 3 4

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## Wilks Categorie Età

Atleta	Società	Anno N.	P P	Cat	Squat	Panca	Stacco	Totale	lpf Points
Costalunga Stefano	Vikings Veneto PI Baone Pd	1974	65,72	-66	147,5	85,0	202,5	435,0	490,09
Sgaramella Massimo	Barbarian's Power Club	1977	187,36	120	275,0	215,0	260,0	750,0	486,33
Mauriello Antonio	S S Lazio Powerlifting Roma	1971	81,85	-83	160,0	112,5	225,0	497,5	484,91
Bitturini Floriano	Elemental T- System Mariano	1977	91,27	-93	175,0	115,0	240,0	530,0	484,40
Romano Antonio	Forma Club Monza	1978	101,85	-105	177,5	140,0	245,0	562,5	483,73
Di Maggio Michelangelo	La Forza Power Team Reggio	1976	85,78	-93	175,0	127,5	200,0	502,5	474,67
Ferraris Massimiliano	Forma Club Monza	1976	88,51	-93	175,0	130,0	205,0	510,0	472,69
Iacobbe Gaetano Alberto	Heart Of Steel Powerlifting	1979	99,82	-105	180,0	125,0	230,0	535,0	461,85
Montanari Simone	La Forza Power Team Reggio	1974	118,42	-120	200,0	150,0	227,5	577,5	455,20
Scarpellino Lorenzo	Bullet Proof Powerlifting	1978	79,80	-83	170,0	100,0	190,0	460,0	450,22
Firrisi Gianluca	Bullet Proof Powerlifting	1979	72,55	-74	165,0	100,0	165,0	430,0	446,59
Pinna Massimo	Asd Mma Verona Gym	1972	98,48	-105	175,0	142,5	195,0	512,5	442,73
Gargiulo Salvatore	S S Lazio Powerlifting Roma	1975	89,42	-93	172,5	120,0	190,0	482,5	439,52
De Marco Iorio Mirko Carmelo	Asd Mma Verona Gym	1976	91,54	-93	160,0	110,0	205,0	475,0	424,48
Apostoli Massimiliano	S S Lazio Powerlifting Roma	1979	71,84	-74	135,0	92,5	162,5	390,0	400,29
Cocchetti Diego	La Forza Power Team Reggio	1979	75,85	-83	130,0	85,0	180,0	395,0	389,49
Acanfora Mariano	Silverbacks Torino	1979	100,64	-105	152,5	112,5	200,0	465,0	388,24
Zambelli Luca	Elite Verona Powerlifting	1978	86,17	-93	125,0	100,0	180,0	405,0	364,92
Tiraboschi Stefano	Barbarian's Power Club	1975	79,59	-83	117,5	85,0	150,0	352,5	325,85
Merola Luca	Forma Club Monza	1979	82,76	-83	195,0	110,0	0,0	0,0	-84,79
Mereu Gianluca	Powerlifting United Pisa-	1977	78,57	-83	0,0	95,0	0,0	0,0	-84,82
Monosilio Roberto	S S Lazio Powerlifting Roma	1973	65,46	-66	140,0	80,0	0,0	0,0	-84,95
Castellucci Alberto	Asd Provivirus Prato	1972	65,22	-66	152,5	0,0	180,0	0,0	-84,95
<b>Master 2</b>									
Morese Francesco	Selezione Atletica Pesante	1962	81,99	-83	218,0	142,5	258,0	618,5	622,73
Zaino Domenico	Forma Club Monza	1969	103,90	-105	235,0	160,0	295,0	690,0	605,19
Fulvi Fabiano	Lions Powerlifting Livorno	1969	92,05	-93	180,0	140,0	268,5	588,5	544,17
Battisti Giuseppe	Body Planet Trento	1964	99,33	-105	200,0	130,0	275,0	605,0	535,02
Buscarini Maurizio	Barbarian's Power Club	1962	102,68	-105	210,0	140,0	252,5	602,5	521,51
Ballerini Giuseppe	Pro Vercelli Pesistica Vercelli	1969	74,00	-74	160,0	106,0	230,0	496,0	520,30
Mancini Luca	Lions Powerlifting Livorno	1963	92,71	-93	195,0	117,5	240,0	552,5	503,31



# PALAFIPL

## II CAMPIONATO ITALIANO DI POWERLIFTING

### CLASSIC MASTER 1 2 3 4

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## Wilks Categorie Età

Atleta	Società	Anno N.	P P	Cat	Squat	Panca	Stacco	Totale	lpf Points
Cenacchi Luca	Powerlifting Genova	1966	64,10	-66	140,0	85,0	200,0	425,0	486,89
Zilio Flavio	Asd Cocoon Ferrara	1969	101,30	-105	180,0	145,0	210,0	535,0	457,52
Monteverde Maurizio	Sardegna Powerlifting Asd	1962	71,17	-74	150,0	102,5	170,0	422,5	443,99
Milano Diego	Silverbacks Torino	1966	73,68	-74	127,5	95,0	202,5	425,0	435,14
Ranuccini Fabio	La Forza Power Team Reggio	1968	109,86	-120	180,0	122,5	230,0	532,5	432,40
Consolo Gianfranco	Asd Provivirus Prato	1965	81,79	-83	145,0	107,5	175,0	427,5	404,97
Petrini Domenico	Selezione Atletica Pesante	1963	71,98	-74	125,0	100,0	150,0	375,0	381,03
Corti Gianni	Forma Club Monza	1968	71,79	-74	130,0	77,5	165,0	372,5	378,73
Ceirani Danilo	Selezione Atletica Pesante	1964	91,62	-93	120,0	127,5	180,0	427,5	373,34
Castelli Sergio	Bergamo Powerlifting Ponte	1969	79,07	-83	122,5	85,0	130,0	337,5	309,98
Dore Lorenzo	Heart Of Steel Powerlifting	1966	81,92	-83	185,0	0,0	200,0	0,0	-84,79
<b>Master 3</b>									
Agostinoni Giorgio	As Roma Powerlifting Rm	1958	82,44	-83	217,5	115,0	210,0	542,5	533,73
Marotta Rosario	Powerlifting Star Club Trento	1954	81,60	-83	180,0	107,5	235,0	522,5	514,65
Rossi Sandro	S S Lazio Powerlifting Roma	1952	83,74	-93	170,0	90,0	220,0	480,0	457,34
Portugalli Claudio	Forma Club Monza	1957	93,08	-105	160,0	105,0	212,5	477,5	422,35
De Carli Carlo	Body Planet Trento	1957	81,76	-83	145,0	87,5	200,0	432,5	410,80
Carrozzo Romolo	Powerlifting Castiglione D\s	1954	79,80	-83	147,5	87,5	180,0	415,0	397,88
Gianello Roberto	Elite Verona Powerlifting	1955	69,73	-74	103,0	72,5	180,0	355,5	366,25
Costa Lorenzo	Body Planet Trento	1954	63,21	-66	75,5	75,0	150,0	300,5	323,45
Domenici Floriano	Forma Club Monza	1954	92,65	-93	0,0	125,0	245,0	0,0	-84,72
<b>Master 4</b>									
Barontini Mauro	Lions Powerlifting Livorno	1941	80,83	-83	105,0	70,0	130,0	305,0	267,15



# PALAFIPL

## II CAMPIONATO ITALIANO DI POWERLIFTING

### CLASSIC MASTER 1 2 3 4

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## Assoluto

Atleta	Società	Anno N.	P P	Cat	Cat Età	Totale	lpf Points
Lonardelli Michele	Selezione Atletica Pesante	1974	91,27	-93	Master 1	676,0	641,18
Bernardi Pietro	Asd Palestra Popolare	1979	80,94	-83	Master 1	626,0	636,96
Cuoghi Alessandro	Cft 059 Powerlifting Mo	1975	82,15	-83	Master 1	631,0	636,17
Buccioni Massimiliano	Asd Provivirus Prato	1976	82,65	-83	Master 1	632,5	635,23
Turco Cristian	Forma Club Monza	1975	99,18	-105	Master 1	695,0	627,79
Morese Francesco	Selezione Atletica Pesante	1962	81,99	-83	Master 2	618,5	622,73
Zaino Domenico	Forma Club Monza	1969	103,90	-105	Master 2	690,0	605,19
Puddu Pierangelo	Powerlifting Team Sardegna	1977	72,30	-74	Master 1	556,0	603,89
D' Ambrosio Nicola	Functional Training Capurso	1977	102,66	-105	Master 1	660,0	579,43
Viridis Marco	Forma Club Monza	1978	92,01	-93	Master 1	620,5	578,53
Manenti Ruben	Forma Club Monza	1976	104,11	-105	Master 1	662,5	576,98
Citton Christian	Lift And Fight Sport Asd	1979	78,13	-83	Master 1	560,0	575,15
Mameli Christian	Sardegna Powerlifting Asd	1978	57,15	-59	Master 1	449,0	573,18
Perullo Valerio	Asd Provivirus Prato	1978	90,77	-93	Master 1	605,0	566,98
Mastrolonardo Antonio	Functional Training Capurso	1973	83,00	-83	Master 1	567,5	559,59
Serafini Fabio	Barbarian's Power Club	1976	81,91	-83	Master 1	562,5	559,05
Soldà Nicola Luigi	Barbarian's Power Club	1976	115,42	-120	Master 1	675,0	554,48
Brivio Luigi	Forma Club Monza	1976	114,80	-120	Master 1	672,5	553,85
Fulvi Fabiano	Lions Powerlifting Livorno	1969	92,05	-93	Master 2	588,5	544,17
Del Col Massimo	Strenghtlab Padova	1977	81,02	-83	Master 1	545,0	543,19
Battisti Giuseppe	Body Planet Trento	1964	99,33	-105	Master 2	605,0	535,02
Vattiata Antonino	Asd Palestra Popolare	1979	72,77	-74	Master 1	502,5	534,97
Agostinoni Giorgio	As Roma Powerlifting Rm	1958	82,44	-83	Master 3	542,5	533,73
Peluso Michele	Forma Club Monza	1979	142,90	120	Master 1	722,5	533,08
Di Maio Lorenzo	Asd Provivirus Prato	1979	101,51	-105	Master 1	610,0	532,84
Campregher Marco	Body Planet Trento	1972	78,75	-83	Master 1	520,0	524,99
Saro Alessio	Forma Club Monza	1975	116,18	-120	Master 1	642,5	521,71
Buscarini Maurizio	Barbarian's Power Club	1962	102,68	-105	Master 2	602,5	521,51
Ballerini Giuseppe	Pro Vercelli Pesistica Vercelli	1969	74,00	-74	Master 2	496,0	520,30
Penuti Roberto Franco	Forma Club Monza	1979	72,02	-74	Master 1	485,0	517,47
Seravalli Ivan	Toplifters Milano	1974	65,19	-66	Master 1	452,5	516,65
Marotta Rosario	Powerlifting Star Club Trento	1954	81,60	-83	Master 3	522,5	514,65
Franchini Attilio	Forma Club Monza	1974	64,54	-66	Master 1	447,5	514,24



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Federazione Italiana PowerLifting - fondata nel 1983  
ufficiale  
IPL International Powerlifting Federation  
EPF European Powerlifting Federation

**PALAFIPL**  
**II CAMPIONATO ITALIANO DI POWERLIFTING**  
**CLASSIC MASTER 1 2 3 4**  
**17-18-19 MAGGIO 2019**

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**Assoluto**

Atleta	Società	Anno N.	P P	Cat	Cat Età	Totale	lpf Points
Sava Vasile Ciprian	Forma Club Monza	1976	118,66	-120	Master 1	637,5	510,69
Maruccia Emiliano	Bergamo Powerlifting Ponte	1978	80,12	-83	Master 1	510,0	506,91
Galbusera Fabio	Forma Club Monza	1978	82,05	-83	Master 1	516,0	505,21
Mancini Luca	Lions Powerlifting Livorno	1963	92,71	-93	Master 2	552,5	503,31
Carcano Mauro	Toplifters Milano	1977	71,30	-74	Master 1	470,0	502,74
Sandrini Matteo	Powerlifting Castiglione D\s	1976	82,88	-83	Master 1	515,0	500,49
Costalunga Stefano	Vikings Veneto PI Baone Pd	1974	65,72	-66	Master 1	435,0	490,09
Cenacchi Luca	Powerlifting Genova	1966	64,10	-66	Master 2	425,0	486,89
Sgaramella Massimo	Barbarian's Power Club	1977	187,36	120	Master 1	750,0	486,33
Mauriello Antonio	S S Lazio Powerlifting Roma	1971	81,85	-83	Master 1	497,5	484,91
Bitturini Floriano	Elemental T- System Mariano	1977	91,27	-93	Master 1	530,0	484,40
Romano Antonio	Forma Club Monza	1978	101,85	-105	Master 1	562,5	483,73
Di Maggio Michelangelo	La Forza Power Team Reggio	1976	85,78	-93	Master 1	502,5	474,67
Ferraris Massimiliano	Forma Club Monza	1976	88,51	-93	Master 1	510,0	472,69
Iacobbe Gaetano Alberto	Heart Of Steel Powerlifting	1979	99,82	-105	Master 1	535,0	461,85
Zilio Flavio	Asd Cocoon Ferrara	1969	101,30	-105	Master 2	535,0	457,52
Rossi Sandro	S S Lazio Powerlifting Roma	1952	83,74	-93	Master 3	480,0	457,34
Montanari Simone	La Forza Power Team Reggio	1974	118,42	-120	Master 1	577,5	455,20
Scarpellino Lorenzo	Bullet Proof Powerlifting	1978	79,80	-83	Master 1	460,0	450,22
Firrisi Gianluca	Bullet Proof Powerlifting	1979	72,55	-74	Master 1	430,0	446,59
Monteverde Maurizio	Sardegna Powerlifting Asd	1962	71,17	-74	Master 2	422,5	443,99
Pinna Massimo	Asd Mma Verona Gym	1972	98,48	-105	Master 1	512,5	442,73
Gargiulo Salvatore	S S Lazio Powerlifting Roma	1975	89,42	-93	Master 1	482,5	439,52
Milano Diego	Silverbacks Torino	1966	73,68	-74	Master 2	425,0	435,14
Ranuccini Fabio	La Forza Power Team Reggio	1968	109,86	-120	Master 2	532,5	432,40
De Marco Iorio Mirko Carmelo	Asd Mma Verona Gym	1976	91,54	-93	Master 1	475,0	424,48
Portugalli Claudio	Forma Club Monza	1957	93,08	-105	Master 3	477,5	422,35
De Carli Carlo	Body Planet Trento	1957	81,76	-83	Master 3	432,5	410,80
Consolo Gianfranco	Asd Provivirus Prato	1965	81,79	-83	Master 2	427,5	404,97
Apostoli Massimilano	S S Lazio Powerlifting Roma	1979	71,84	-74	Master 1	390,0	400,29
Carrozzo Romolo	Powerlifting Castiglione D\s	1954	79,80	-83	Master 3	415,0	397,88
Cocchetti Diego	La Forza Power Team Reggio	1979	75,85	-83	Master 1	395,0	389,49
Acanfora Mariano	Silverbacks Torino	1979	100,64	-105	Master 1	465,0	388,24



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## II CAMPIONATO ITALIANO DI POWERLIFTING

### CLASSIC MASTER 1 2 3 4

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## Assoluto

Atleta	Società	Anno N.	P P	Cat	Cat Età	Totale	lpf Points
Petrini Domenico	Selezione Atletica Pesante	1963	71,98	-74	Master 2	375,0	381,03
Corti Gianni	Forma Club Monza	1968	71,79	-74	Master 2	372,5	378,73
Ceirani Danilo	Selezione Atletica Pesante	1964	91,62	-93	Master 2	427,5	373,34
Gianello Roberto	Elite Verona Powerlifting	1955	69,73	-74	Master 3	355,5	366,25
Zambelli Luca	Elite Verona Powerlifting	1978	86,17	-93	Master 1	405,0	364,92
Tiraboschi Stefano	Barbarian's Power Club	1975	79,59	-83	Master 1	352,5	325,85
Costa Lorenzo	Body Planet Trento	1954	63,21	-66	Master 3	300,5	323,45
Castelli Sergio	Bergamo Powerlifting Ponte	1969	79,07	-83	Master 2	337,5	309,98
Barontini Mauro	Lions Powerlifting Livorno	1941	80,83	-83	Master 4	305,0	267,15
Domenici Floriano	Forma Club Monza	1954	92,65	-93	Master 3	0,0	-84,72
Merola Luca	Forma Club Monza	1979	82,76	-83	Master 1	0,0	-84,79
Dore Lorenzo	Heart Of Steel Powerlifting	1966	81,92	-83	Master 2	0,0	-84,79
Mereu Gianluca	Powerlifting United Pisa-	1977	78,57	-83	Master 1	0,0	-84,82
Monosilio Roberto	S S Lazio Powerlifting Roma	1973	65,46	-66	Master 1	0,0	-84,95
Castellucci Alberto	Asd Provivirus Prato	1972	65,22	-66	Master 1	0,0	-84,95

# Records Squat

Best

Sj Ju Se M1 M2 M3 M4

## Master 1

-120	Brivio Luigi	270,0
-105	Turco Cristian	255,0
-93	Lonardelli Michele	245,0
-66	Seravalli Ivan	157,5
120	Peluso Michele	300,0

			1			
			1			
			1			
			1			
			1			

## Master 2

-120	Ranuccini Fabio	180,0
-105	Zaino Domenico	235,0
-83	Morese Francesco	218,0
-74	Ballerini Giuseppe	160,0

				1		
				1		
				1		
				1		

## Master 3

-83	Agostinoni Giorgio	217,5
-74	Gianello Roberto	103,0
-66	Costa Lorenzo	75,5

					1	
					1	
					1	

# Records Panca

Best

Sj Ju Se M1 M2 M3 M4

## Master 1

-105	Turco Cristian	180,0
-93	Virdis Marco	170,5
-83	Cuoghi Alessandro	146,0
-74	Puddu Pierangelo	131,0
-66	Seravalli Ivan	112,5
-59	Mameli Christian	115,0
120	Sgaramella Massimo	215,0

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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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## Master 2

-120	Ranuccini Fabio	122,5
-105	Zaino Domenico	160,0
-74	Ballerini Giuseppe	106,0

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## Master 3

-105	Portugalli Claudio	105,0
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# Records Stacco

Best

Sj Ju Se M1 M2 M3 M4

## Master 1

-83	Bernardi Pietro	276,0
-74	Puddu Pierangelo	245,0
-59	Mameli Christian	194,0

			1			
			1			
			1			

## Master 2

-120	Ranuccini Fabio	230,0
-105	Zaino Domenico	295,0
-93	Fulvi Fabiano	268,5
-83	Morese Francesco	258,0
-74	Ballerini Giuseppe	230,0
-66	Cenacchi Luca	200,0

				1		
				1		
			1	1		
				1		
				1		

## Master 3

-83	Marotta Rosario	235,0
-74	Gianello Roberto	180,0

					1	
					1	

# Records Totale

Best

Sj Ju Se M1 M2 M3 M4

## Master 1

-105	Turco Cristian	695,0
-93	Lonardelli Michele	676,0
-83	Buccioni Massimiliano	632,5
-74	Puddu Pierangelo	556,0
-66	Seravalli Ivan	452,5
-59	Mameli Christian	449,0

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## Master 2

-120	Ranuccini Fabio	532,5
-105	Zaino Domenico	690,0
-93	Fulvi Fabiano	588,5
-83	Morese Francesco	618,5
-74	Ballerini Giuseppe	496,0

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## Master 3

-74	Gianello Roberto	355,5
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